

peripheral vascular disease, left ventricular hypertrophy, family history, lipid profile, stress tests, and angiograms.

105. The method according to claim 99, wherein:

the step of receiving the responses includes storing the responses in memory.

106. The method according to claim 105, wherein:

the memory includes at least one database.

107. The method according to claim 92, further comprising the steps of:

determining the risk factors for the particular disease using practice guidelines; and

tracking changes in the responses and the risk factors over time.

108. The method according to claim 107, wherein:

the practice guidelines include practice guidelines published by at least one of the American College of Cardiology and American Heart Association, U.S.

Department of Health and Human Services Agency for Healthcare Policy and Research, and the National Heart Lung and Blood Institute.

109. The method according to claim 99, further comprising the step of:

providing substantially contemporaneous feedback to the responses via the processor.

110. The method according to claim 109, wherein:

the substantially contemporaneous feedback includes at least one of general information about at least one of the risk factors and whether the at least one of the risk factors is positive for an individual.

111. The method according to claim 99, wherein:  
the particular disease is CAD.

112. The method according to claim 99, further comprising the  
step of:

using at least one of responses and practice  
guidelines, determining one of a risk of developing a  
disease and associated risks of having the disease.

113. A method for providing information to a user, comprising  
the steps of:

interactively receiving questions via processor; and  
transmitting via the processor responses to the  
questions, a summary of risk factors specific to an  
individual for a particular disease being determined  
based on at least one of the responses.

114. The method according to claim 113, wherein:

the processor operates in at least one of a LAN  
environment, WAN environment, WAN environment, the WWW  
and the Internet.

115. The method according to claim 113, wherein:

the questions include questions about at least one  
of physical characteristics, lifestyle and medical  
history.

116. The method according to claim 115, wherein:

the physical characteristics include age, gender,  
race, height and weight.

117. The method according to claim 115, wherein:

the lifestyle questions include questions about at  
least one of smoking habits, drinking habits, vitamin  
intake, and stress.

118. The method according to claim 115, wherein:

the medical history questions include questions about at least one of blood pressure, diabetes, menopause, ovary removal, hormone replacement, CAD, heart attack, coronary artery bypass surgery, angioplasty, peripheral vascular disease, left ventricular hypertrophy, family history, lipid profile, stress tests, and angiograms.

119. The method according to claim 113, wherein:  
the step of transmitting the responses includes storing the responses in memory.
120. The method according to claim 119, wherein:  
the memory includes at least one database.
121. The method according to claim 113, wherein:  
the risk factors for the particular disease being determined using practice guidelines.
122. The method according to claim 121, wherein:  
the practice guidelines include practice guidelines published by at least one of the American College of Cardiology and American Heart Association, U.S. Department of Health and Human Services Agency for Healthcare Policy and Research, and the National Heart Lung and Blood Institute.
123. The method according to claim 113, further comprising the step of:  
receiving substantially contemporaneous feedback to the responses via the processor.
124. The method according to claim 123, wherein:  
the substantially contemporaneous feedback includes at least one of general information about at least one risk factor and whether the at least one risk factor is positive for an individual.